

| Monday | Tuesday | | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|--|--|--|--|
| | | | | | | 9.30am Aerial Yoga Anthea | |
| | | | | | | 10.30am Open Studio (2 hours) | 11am Spin Hammock/ Trapeze Josh |
| | | | | | 4.30pm Open Studio (1 hour) | 12.30pm Trapeze All Levels Jojo | 1pm Aerial Silks All Levels Lydia |
| 5.30pm Aerial Silks Level 1 Sam L | 5.30pm Flexibility All Levels Cat | | 5.30pm Lyra All Levels Cat | 5.30pm Aerial Yoga All Levels Yulia | 5.30pm Aerial Hammock All Levels Sam B | 1.30pm Lyra All Levels Jojo | 2pm Aerial Foundation Lydia |
| 6.30pm Aerial Hammock All Levels Tyla | 6.30pm Aerial SilksAll Levels Lydia | 6.30pm Aerial silks Level 3+ Vale | 6.30pm Aerial Foundation Lydia | 6.30pm Aerial Silks Level 3+ Yulia | | | 3pm Open Studio (2 hours) |
| 7.30pm Lyra Level 2+ Tyla | 7.30pm Open Studio (2 Hours) | | 7.30pm Rope All Levels Lydia | 7.30pm Open Studio (2 hours) | | | |