

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.30am Aerial Yoga Anthea		12pm Aerial Yoga Alex			9.30am Aerial Yoga Alex	
				3pm Open Studio (2 hours)	10.30am Open Studio (2 hours)	11am Spin Hammock/ Trapeze Josh
3.30pm Open Studio (2 hours)					12.30pm Aerial Silks All Levels Cat	1pm Aerial Silks All Levels Lydia
5.30pm Aerial Silks Level 1 Anouk	5.30pm Aerial Yoga Intermediate Alex	5.30pm Lyra All Levels Cat	5.30pm Aerial Yoga Yulia		1.30pm Lyra All Levels Cat	2pm Aerial Foundation Lydia
6.30pm Aerial Hammock All Levels Anouk	6.30pm Aerial Silks All Levels Lydia	6.30pm Aerial Foundation Lydia	6.30pm Aerial Silks Level 3+ Yulia			3pm Open Studio (2 hours)
7.30pm Aerial Yoga Alex	7.30pm Open Studio (2 Hours)	7.30pm Rope All Levels Lydia	7.30pm Open Studio (2 hours)			

