

Monday	Tuesday		Wednesday	Thursday	Friday	Saturday	Sunday
			10.30am Aerial Yoga Alex			9.30am Aerial Yoga Sarah-Jane	
						10.30am Open Studio (2 hours)	11am Spin Hammock/ Trapeze Josh
					4.30pm Open Studio (1 hour)	12.30pm Aerial Silks All Levels Sarah-Jane	1pm Aerial Silks All Levels Lydia
5.30pm Aerial Silks Level 1 Sam L	5.30pm Flexibility All Levels Cat		5.30pm Lyra All Levels Cat	5.30pm Aerial Yoga All Levels Yulia	5.30pm Aerial Hammock All Levels Sam B	1.30pm Lyra All Levels Sarah-Jane	2pm Aerial Foundation Lydia
6.30pm Aerial Hammock All Levels Anouk	6.30pm Aerial SilksAll Levels Lydia	6.30pm Aerial silks Level 3+ Vale	6.30pm Aerial Foundation Lydia	6.30pm Aerial Silks Level 3+ Yulia			3pm Open Studio (2 hours)
7.30pm Lyra Level 2+ Tyla	7.30pm Open Studio (2 Hours)		7.30pm Rope All Levels Lydia	7.30pm Open Studio (2 hours)			